

Upi Elementary School

Curriculum Map

Quarter: 4th

Subject: Health

Grade: 2nd

Teacher: R. Castro, K. Castro, C. Galvez, R. Doculan, S. Avilez, L. Terre

Month: March – June 2015	Weeks 1-4	Weeks 5-7	Weeks 8-10
<p>Concept</p> <p>Performance Indicators</p> <p>SAT 10 Skills</p>	<p>Content Standard 7: Self-Management – Students demonstrate the ability to practice health enhancing behaviors and avoid or reduce health risks.</p> <p>2.7.1: Demonstrate healthy practices and behaviors to maintain or improve personal health. (Example: Show how to properly clean an minor abrasion , skinned knee, scrapes)</p> <p>2.7.2: Describe behaviors that avoid or reduce health risks. (Example: Demonstrate bicycle safety skills by using helmet, hand signals, where to ride safely.)</p> <p># 24 – Identify habits required to maintain health</p>	<p>Content Standard 8: Health Advocacy –</p> <p>2.8.1 : Demonstrate the ability to seek assistance encouraging healthy behaviors. (Example: Ask a parent to take a walk after school to increase physical activity and/or suggest a healthy meal to be prepared at home.)</p> <p>2.8.2: Show how to help others make positive choices. (Example: Design a poster to encourage peers to eat healthy snack foods.)</p> <p># 24 – Identify habits required to maintain health</p>	<p>Content Standard 8 Continue...</p> <p>2.8.1 : Demonstrate the ability to seek assistance encouraging healthy behaviors. (Example: Ask a parent to take a walk after school to increase physical activity and/or suggest a healthy meal to be prepared at home.)</p> <p>2.8.2: Show how to help others make positive choices. (Example: Design a poster to encourage peers to eat healthy snack foods.)</p> <p># 24 – Identify habits required to maintain health</p>
Skills	Understand, identify, decide and apply concepts learned to maintain health.	Understand, identify, decide and apply concepts learned to maintain health.	Understand, identify, decide and apply concepts learned to maintain health.
Unit/Lesson	<p><u>Unit 5 – Personal & Physical Activity</u> Lessons : 18-22</p> <p><u>Unit 10 – Injury Prevention & Safety</u> Lessons: 36-39</p>	<p><u>Unit 5 – Personal & Physical Activity</u> Lessons 18-22</p> <p><u>Unit 8 – Consumer & Community Health</u> Lessons 30-31</p>	<p><u>Unit 5 – Personal & Physical Activity</u> Lessons 18-22</p> <p><u>Unit 8 – Consumer & Community Health</u> Lessons 30-31</p>
Assessment	<p>Think About It Activities</p> <p>Discussion</p> <p>Lesson/Unit Reviews</p>	<p>Think About It Activities</p> <p>Discussion</p> <p>Lesson/Unit Reviews</p>	<p>Think About It Activities</p> <p>Discussion</p> <p>Lesson/Unit Reviews</p>
Homework/Project	<p>Safety Rules Poster</p> <p>Journal</p>	<p>Healthy Meal Plate : 3 Dimensional Food Pyramid</p>	<p>Cont. Pyramid</p> <p>Healthy Habits Ad</p>