

Upi Elementary School

Curriculum Map

Quarter: 3rd

Subject: Health

Grade: 2<sup>nd</sup>

Teacher: R. Castro, K. Castro, C. Galvez, R. Doculan, S. Avilez, L. Terre

	<b>Weeks 1-4</b>	<b>Weeks 5-7</b>	<b>Week s 8-10</b>
<p><b>Concept</b></p> <p><b>Performance Indicators</b></p> <p><b>SAT 10 Skills</b></p>	<p>Content Standard 5 – Decision-Making – Demonstrate the ability to use decision-making skills to enhance health.</p> <p>2.5.1 Identify situations when a health-related decision is needed. (Ex. Identify how the food pyramid guide can be used to direct children when choosing after school snacks.)</p> <p>2.5.2 Describe situations when assistance is needed when making health-related decisions (Ex. Suggest safety rules for use of medicines).</p> <p>-Identify habits required to maintain health.</p>	<p>Content Standard 6 – Goal Setting – Demonstrate the ability to use goal setting skills to enhance health.</p> <p>2.6.1 Describe a personal health goal and plan steps toward achieving the goal. (Ex. Suggest a short-term goal for maintaining or improving dental health.)</p> <p>-Identify habits required to maintain health.</p>	<p>Content Standard 6 Continue</p> <p>2.6.2 Identify when assistance is needed to achieve personal health goal. (Ex. Suggest who can help when making a plan to deal with angry feelings in a healthy way.)</p> <p>-Identify habits required to maintain health.</p>
<b>Skills</b>	<p><b>Identify health habits</b>  <b>Comprehend health concepts</b>  <b>Communicate skills to enhance health</b></p>	<p><b>Analyze factors of health behaviors</b>  <b>Identify family/school influences to maintain health</b></p>	<p><b>Analyze factors of health behaviors</b>  <b>Identify family/school influences to maintain health</b></p>
<b>Unit/Lesson</b>	<p><b>Unit 8 – Consumer &amp; Community Health</b>  <b>Lesson 30</b>  <b>Unit 10- Injury Prevention &amp; Safety</b>  <b>Lesson 36</b>  <b>Unit 6 – Alcohol, Tobacco, &amp; Other Drugs</b>  <b>Lessons 23-26</b>  <b>Unit 10 – Injury Prevention &amp; Safety</b>  <b>Lessons 36-39</b></p>	<p><b>Unit5 – Personal &amp; Physical Activity</b>  <b>Lessons 18-22</b></p> <p><b>Unit 8 – Consumer &amp; Community Health</b>  <b>Lessons 30-31</b></p>	<p><b>Unit5 – Personal &amp; Physical Activity</b>  <b>Lessons 18-22</b></p> <p><b>Unit 8 – Consumer &amp; Community Health</b>  <b>Lessons 30-31</b></p>
<b>Assessment</b>	<p>Think About It Activities                      Discussion                      Lesson/Unit Reviews                      Unit Project</p>	<p>Think About It Activities                      Discussion                      Lesson/Unit Reviews                      Unit Project</p>	<p>Think About It Activities                      Discussion                      Lesson/Unit Reviews                      Unit Project</p>
<b>Homework</b>	<p>My Health Plan (Unit 8 p. 178)                      My Health Plan (Unit 10 p. 219)                      The Medicine Cabinet (Unit 6 p. 139)</p>	<p>Make a Health Record (Unit 5 p.111)</p>	<p>My Teeth Book (Unit 5 p.115)</p>