

**Upi Elementary School
Curriculum Map**

Quarter: 1st Subject: Health

Grade: 2nd

Teachers: R. Castro, K. Castro, C.Galvez, R. Doculan, S. Avilez, L. Terre

Month	Weeks 1-3	Week 4-6	Week 7-10
<p>Concept</p> <p>Performance Indicators</p> <p>SAT 10 Skills</p>	<p>Content Standard 1- Comprehend concepts related to health promotion and disease prevention to enhance health.</p> <p>2.1.1 Describe why it is important to seek health care.</p> <p>2.1.2 Tell the difference among the multiple dimensions of health.</p> <p>-Identify habits required to maintain health.</p>	<p>CONTINUE Content Standard 1</p> <p>2.1.3 Describe ways to prevent communicable diseases.</p> <p>2.1.4 List ways to prevent common childhood injuries.</p> <p>2.1.5 Describe why it is important to seek health care.</p> <p>-Identify habits required to maintain health.</p>	<p>Content Standard 2- Analyze the influence of family, peers, culture, media, technology, and other factors on health behaviors.</p> <p>2.2.1 Identify how the family influences personal health practices and behaviors.</p> <p>2.2.2 Identify what the school can do to support personal health practices.</p> <p>2.2.3 Describe how the media can influence health behaviors.</p> <p>-Identify habits required to maintain health.</p>
Skills	<p>Identify health habits Comprehend health concepts Communicate skills to enhance health</p>	<p>Analyze factors of health behaviors Identify family/school influences to maintain health</p>	<p>Analyze factors of health behaviors Identify family/school influences to maintain health</p>
Unit/Lesson	<p>Unit 4 – Nutrition Lesson 14-17 Unit 5 – Personal Health & Physical Activity Lesson 18 - 22</p>	<p>Unit 5 – Personal Health & Physical Activity Lesson 18 – 22 Unit 7- Communicable and Chronic Diseases Lesson 27-29</p>	<p>Unit 1 – Mental & Emotional Health Lesson 1 -5 Unit 2 – Family & Social Health Lesson 6 - 9 Unit 8 –Consumer & Community Health Lesson 30 -32</p>
Assessment	<p>Think About It Activities Discussion Lesson/Unit Reviews Unit Project</p>	<p>Think About It Activities Discussion Lesson/Unit Reviews Unit Project</p>	<p>Think About It Activities Discussion Lesson/Unit Reviews Unit Project</p>
Homework	<p>Fit & Fun Fill in for Fitness A Healthful Lunch Plate (Project)</p>	<p>Communicate When Ill Help with Family Chores</p>	<p>My Friend is a Good Friend Because... Factors That Influence My Health Behavior (Project)</p>